

## SevenPoint2 Shake – Ingredients & Benefits

- Vegan Protein Blend
  - Organic Certified Sprouted Brown Rice Protein
  - Non-GMO Yellow Pea Protein
  
- Fiber Power Blend
  - Organic Certified Inulin
  - Organic Certified Flaxseed
  - Organic Certified Alfalfa Sprout
  - Organic Certified Quinoa Sprout
  - Organic Certified Millet Flour
  - Organic Certified Amaranth Flour
  
- Fully Function Flavor Blend
  - Natural Vanilla Flavor
  - Organic Certified Guar Gum
  - Organic Certified Arabic Gum
  - Organic Certified Stevia



### *Organic Certified Sprouted Brown Rice Protein*

- Vegan & Non-GMO
- Hypoallergenic
- 100% gluten, soy & cholesterol free
- Highly-soluble & easy to digest
- Excellent amino acid profile – especially high in arginine, glutamine & leucine
- Environmentally friendly source of protein
- Highly suitable for sustainable agriculture

## ***Non-GMO Yellow Pea Protein***

- Great tasting!
- Easily absorbed & digested
- Completely Vegan
- Hypo-allergenic
- 100% gluten, soy & cholesterol free
- Very high in essential amino acids
- Boosts pre-workout energy level & helps muscles recover after exercising

## ***Organic Certified Inulin***

- Strengthens the immune system
- Excellent food for diabetics since it does not require insulin for digestion
- Supports a healthy circulatory system by lowering cholesterol & triglycerides
- Aids in the prevention of both diabetes and hypoglycemia
- Curbs appetite since it is not digested in the stomach or small intestines but give a feeling of fullness in both places
- Used as a “pre-biotic”
- Helps eliminate constipation

## ***Organic Certified Flaxseed***

- One of the most powerful plant foods on the planet
- Shown to help reduce risk of heart disease, cancer, stroke & diabetes: (*Web MD*)
- Cultivated in Babylon as early as 300 B.C.
- Great source of plant based omega 3 fatty acids
- Contains both soluble & insoluble fiber

## ***Organic Certified Alfalfa Sprout***

- Great source of fiber
- Packed with vitamins A, B complex (even folic acid & B12), C, E & K
- Loaded with minerals such as calcium, magnesium, manganese, molybdenum, phosphorous, potassium & zinc
- Antioxidant-rich immune booster

## ***Organic Certified Quinoa Sprout***

- This 5,000 year-old grain was once called “the Gold of the Incas” who recognized its value in increasing stamina of their warriors
- High in protein – a complete protein – contains all 9 essential amino acids
- Rich in lysine, essential for tissue growth & repair
- Great source of manganese, iron, copper & phosphorous

## ***Organic Certified Millet Flour***

- High protein content very close to that of wheat yet contains no gluten
- High in fiber
- Rich in B vitamins, especially niacin, B6 & folic acid
- Loaded with calcium, iron, potassium, magnesium & zinc
- Great energy source
- Hypo-allergenic
- Naturally alkaline

## ***Organic Certified Amaranth Flour***

- Contains more fiber and iron than wheat
- High in protein
- Gluten-free
- Good source of calcium, magnesium, phosphorous and manganese

## ***Organic Certified Alfalfa Sprout***

- Great source of fiber
- Packed with vitamins A, B complex (even folic acid & B12), C, E & K
- Loaded with minerals such as calcium, magnesium, manganese, molybdenum, phosphorus, potassium & zinc
- Antioxidant-rich immune booster

# Functional Flavor Blend:

## *Natural Vanilla Flavor*

- All natural vanilla – great taste with no synthetic fillers

## *Organic Certified Guar Gum*

- Natural laxative
- Good source of fiber
- Creates a sense of fullness, decreasing appetite

## *Organic Certified Arabic Gum*

- Dietary fiber
- Good as a pre-biotic

## *Organic Certified Stevia*

- Non-carbohydrate sweetener
- Roughly 40x sweeter than sugar
- Great for diabetics since it does not trigger an insulin response

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.